

Compiled Explorer Series

#31 - Entities, Energy Streams & Information Service...

(Unedited Transcript)

Rita 00:00

Hello, I'm Rita Warren, a coordinator of the Explorer program at the Laboratory of the Monroe Institute. A reminder before we begin this excerpt from another explorer session, the institute takes no stand on the validity of the information presented in any explorer session, we simply offer the material without endorsement for your consideration. It's up to you to determine whether or not any of the material fits with your belief system. If we give you something that makes you think or raises questions in your mind, then we feel we've done our job. And if any of the Explorer material rings true for you, we strongly urge you to validate that information for yourself and explore for your own answers. The following excerpt comes from our 31st session with explorer HBW. It covers the phenomena of channeling and has some interesting things to say about the sources of such information.

HBW 01:09

We're talking to you today in order to lecture a little bit on the phenomenon of channeling is the the voice that is speaking right now, has not been speaking to you in those terms, you might recognize the quality of the sound, but the source of the voice is very different. Now, journaling does not always mean that there will be sources of information that are somewhat defined that express certain levels of consciousness, sources of information are not always entity that is such speak through a physical channel. The truth is that a person that is expressing its entity through a physical body, indeed is in touch all the time with all sorts of energies, dreams and flows within the time and space concept and sight time and space concept. Now there is a state of mind so to say, when the physical brain Not only is the instrument of the entity itself, or of other levels of this entity, that do reside somewhat outside of space and time, but there's also a state of mind or the mind as such ceases to exist, and only functions as a radio station for energy streams that do occur and are present all the time, all over the place within space and time and outside space and time. Now, it is important to understand that always do these energies streams cluster together and form what you might call it entity. Very often there are energy streams that do contain cluster of information, but not to the degree where they could actually be called an entity because they do not have a sense of identity as such. And therefore, indeed, they do not try to express their entity or identity as such, but they do just flow as an energy stream and the crisis of flowing itself is the means of expression. Now, every living person, and indeed, every living being has got the potential to tune into these energy streams that do occur as we said in space and time and outside of space and time and therefore become a part of that energy flow and can express this energy flow, this energy flow, they do not only flow on one space level or one time level, but they do also though from time to

time level from space to space level and therefore, somebody who can tune into these energies dreams, very well can get in touch with information that come from the past from the future from other levels of existence, and he is not as such then channeling an entity that does give him this information do you see?

Rita 04:28

Yes, we understand them.

HBW 04:30

Now this refers to what a friend and Harold two were discussing the other day. If a person understands that principle, there is no need anymore to look for other entities as such, that could be then considered to be sources of information. All it needs indeed is somewhat open the mind and become aware of these two dimensional energy flows that are present everywhere and at any time and therefore, to get access to any information you desire to see all that is needed then would be an open mind and an intention for certain information for certain qualities and aspects of information. And then the open mind somewhat would open gates or doors for these energy streams that then would flow into the conscious being of a person and would somewhat be expressed consciously. And this is way the, for you would express all that in terms of a language or an image, you see, these energy flows are vibration of flows of energy, that do contain in itself the information without expressing it as language or as an image or even as color or even as anything that you're familiar with and therefore, an open mind very often contains all these various energy streams, but sensing that they are there does not mean at the same time that the conscious mind would be able to become aware of them or to express them. So, the conscious mind needs to open itself up towards this energy stream, but also has to learn to have been interpreted in ways that do make sense to his conscious understanding, you see,

Rita 06:33

yes, we found out that

HBW 06:35

now, often times when a person starts channeling, he is not channeling as such an entity, but he is using that channeling process as a means of interpretation of those energy sources. And, as he is not aware of that process, he has a tendency, then to call the process by a name, give it a name and make it an entity that it has not been beforehand see. So, what a person does often times he creates an entity that he is then channeling by a somewhat adding together cluster to gather energy streams, that then in his understanding form an entity, and then it seems to him to be much easier to approach this entity and to channel information of this entity that indeed does not even exist as such.

Rita 07:33

I see. And thus, it would be a more clear, we would receive more clear information, if we did not do this

HBW 07:46

is you would not limit yourself to the information that is then contained by the entity see.

Rita 07:55

Are you speaking now from such a stream of information? Or are you

HBW 08:02

Well what is speaking at this moment in time is a stream of information and has not got an identity as such as like a stream of information flow through the concept of Herald and becomes a voice that is expressed? If you gave me a name, now, I will become an entity. And the information I gave to you and the information that is still to follow will be then part of that entity and therefore be limited. is a

Rita 08:38

yes, but even if we don't give a name, we tend still to think in these terms, as you suggested, which is then limits the information we'll receive to that portion that we've named is that this is empty. So, the streams of information then are would we think of them as containing a certain kind of information?

HBW 09:09

Well, there are unlimited streams of information and within all of these streams of information, there is contained all knowledge that is you see, now, in order to gain or to get in touch with a certain quantity of knowledge was a certain aspect of knowledge. All I need to do as we said before, is open your mind towards that source of knowledge and it will come to you not as an entity but as knowledge and then will flow through the being of the channel and become information expressed through voice or movement or whatever receive. Now if you want different information, you should not try to refer to the same sorts of information, but just try to open new doors for that new information and allow other sources of information, other streams of energy and information to flow through this just newly open door and become a voice again, you see, therefore, the access to information would never ever be limited again.

Rita 10:18

I see so that even with with new explorers, it would be a procedure could be used that would involve simply asking them to find certain kinds of information, responses to specific questions.

HBW 10:41

Indeed, you could ask specific questions, or you could ask them to just open up and tell you whatever comes into their mind. Because every explorer will have a natural tendency, as he or she has certain interests in specific topics to attract energies that somewhat fulfill these intentions expressed these intentions, you see, so whenever an explorer is in the booth, and opens up, he will attract energy and information that, indeed, is in accordance to his intent, intention and desires. And this is the reason why so many times when different explorers go into the booth, the information they get seems to be so different of the variety and somewhat conflicting with each other. Because all these people attract that information that someone is backing up their belief structure and their intention to see. Now, knowing this, you do know that all information they do receive is indeed true, relatively speaking, you see, now in order to get what you understand as objective knowledge, you have to open up more and more doors within ECE explorer and there will be a state when the original intention has been expressed, and then somewhat and neutral stage of opening will occur. And then indeed, you will find information that might not be as colored anymore when it flows through these individuals. Do you see

Rita 12:28

is the what you're calling colored information or filtered information is that information is coming through that is already in the mind and it's just being interpreted?

HBW 12:40

Yes, you see, that our expectations within any human being. And when you send an explorer out to explore these expectations will indeed attract information, which is somewhat connected to the expectations and will be expressed and through these expectations. You follow? Yeah, so so in order to gain true knowledge you need to try and explore is to find a state that is beyond the state of expectation. It's a mystic state, or an explorer becomes one with that part of its entity that indeed does reside beyond the space and time concept. Meaning here that within space and time the level of expectations is much higher, because there's a strive of survival and understanding which you do not have as such in a state independent of space and time. Do you see

Rita 13:43

Yes, so this beginning state would be the is this the state that was referred to earlier by Harold two or Harold three as a state of freedom?

HBW 13:53

Yes, this true.

Rita 13:55

That's at that point, then the Explorer is able to be reached that state and then go beyond then the information will be less colored by their own expectations?

HBW 14:09

Yes, indeed. So when you send explorers into the booth, and ask them to explore, it is important to tell them that what they might explore will very well meet their beliefs, structure and system for me their expectations. But this does not mean that it is proved that what they believed in is true. You see, it just means that they were able to attract information that is in accordance with their belief structure. Now, in order to gain even higher level of knowledge, it is important to express those beliefs structures first and then get to this point of other freedom. that then allows you to get in touch with uncoloured knowledge uncolored meaning not colored by your expectation and your beliefs

Rita 15:05

Yes.

HBW 15:07

Now, there are many levels of expectations, you see, every person is aspective. Now, being aspective means that a personality does have many many different aspects and all these aspects do indeed hold beliefs expectations, so, that all these beliefs and expectations might at any given time be expressed and therefore, you will find that in explore that goes into the booth on a regular basis made over a period of a year maybe have very different experiences being the reason for this being that the different experiences and information are attracted by the different aspects of this person. And only when all these aspects have been expressed in a certain way, at one time quality only, then they get access to somewhat, what you might call a neutral information neutral meaning that the information somewhat is independent of the expectations, the expectations and the belief structure are still needed as an energy pattern to express information, but the information itself will be delivered in a much more objective way, you see,

Rita 16:26

yes. So that it is not only important for us to, to, uh to know, our selves as, as monitors and as people in the lab, but also for the Explorer to know themselves that they should not get attached to the information that's brought in,

HBW 16:44

This is very important, this is very important, indeed, and see and the Explorer and the monitor, have to understand that all the information that will come forward is true. But it might be aspective. You see,

Rita 17:00

Yes, it's hard for us always to, to understand that the aspective can also be true,

HBW 17:09

it is true. Now, when you look at the cluster of reality layers you're living in and that you call the space and time continuum, you will find that there is in depth, an indefinite number of for guilty layers that are tightly connected with each other, and they all cross over and form points of power or materialization. And these points of power indeed, are then the energy sources that do we in turn form a belief structure of reality. Now, these clusters of reality and these cross points of reality streams, then in turn attract entities that do some word meld into these points of power of reality patterns and become part of it and therefore, they do experience only those clusters of points of powers to see now, when they perceive reality, but they do perceive that specific frost point, when many levels of reality to cross, you see, and it becomes real for them. Now, they could follow the streams of energy before they go through this crosspointe fall back their streams of energy and meet another cross point of reality and therefore, the reality is somewhat seems to change see, they can keep on doing this and the more they do this, the more expanded will become their awareness, the more their conscious mind will be growing. And there might be a point when they have been following these various streams of reality that finally they become independent of the streams of reality and therefore also have the cross points are free, healthy and somewhat and get a bigger picture of what is going on. See. Now, when we talk about this cross points of reality layers, this is an aspective reality, when you travel along the energies, dreams are free Elysees time would be one, this is still in perspective reality. And when you then become independent of these energies, dreams, like time and space being two of them, then you only are able to get a bigger picture and then you can somewhat jump from one cross point or field to another cross point of reality and even exchange these for one another. Do you see

Rita 19:54

this is would be the normal path that an entity would follow.

HBW 19:58

Indeed. Such an entity would call an enlightened one. Because indeed, it would be independent of the focus of various cross points or free It and energy streams within what you might call reality.

Rita 20:16

And are you saying that, again, the way in which we've tended to look for entities and identify them and so on, attends to keep them at a certain cross point?

HBW 20:28

You do. Indeed. And again, as we said, what they then would describe as reality would indeed be true but aspective.

Rita 20:39

Yes, I see what you're saying.

HBW 20:46

Now, it's time for question again.

Rita 20:51

Yes. As we begin working with a new Explorer, some some of our explorers have seemed to have great difficulty letting the energy begin to move at all. Do you have some suggestions for those situations?

HBW 21:23

Or what it needs is encouragement again, and again, like when an explorer is in the booth, and he is not experiencing a thing. Then you should try to make him experience and not just let him lay there in silence, you see, because when he lays there, he starts to wonder, do I experience something? Am I an explorer, maybe these people out there get bored, nothing is happening, the tones still seem to be the same. Maybe I should never have gone into the booth, you know, all these thoughts come and cross his mind.

Rita 21:57

We've heard all those, yes.

HBW 21:58

Now it is important that you stop the Explorer from getting close to those concepts, by asking him to do certain exercises, by moving the arms, the hands, the toes, get him involved in what was going on into the booth and he will feel after the session that he has gained something, you know, he might not be sure to what it might lead to finally, but this is not important, important is that when an explorer leaves the booth that he has the feeling something has happened, he has done and gained something. Now indeed, in order to get the energies flowing, you can have very different approaches, you can somewhat trick the Explorer by telling him to do certain physical exercises and to observe and when he has certain observations, then tell him that this is Alright, this is what he should have expected to see. And indeed, whatever he will realize and learn from each session will be something that takes him away from its usual track of reality, you'll see, he does not matter what has an explorer takes, as long as he leaves his normal track of reality, it's fine, because then he opens up towards new ideas. It's only when he gets stuck in his old ideas that he has a hard time to explore, you see. Therefore, it is important to when an explorer says I feel like this that did focus on it and

encouraged to him to explore more in that respect, you see, and as you indeed do, and try to do.

Rita 23:40

So that even if the Explorer is focusing on, on body sensations, this is still

HBW 23:47

this is alright, okay to encourage. an explorer says I don't feel a thing. It's silent here, you just a great explore, the silence is great, this is what you should expect to know. And he becomes confident and listens into the silence and then might indeed hear something that is beyond silence. Whatever is experienced should become a tool. And you see, as they are individuals, everybody is individual different, they will have different ways to start their exploration. And it's important to encourage those.

Rita 24:25

At this point, flip the cassette to the other side for the balance of this session. You know, we we often recently are getting new explorers who already have some sense of guidance and often have names for their guides and so on. Is this apparent that we might want to disrupt?

HBW 24:45

Well, once you could do is tell these explorers that their source of guidance is fine for the time being, but that they should always be open for other sources, and indeed, that they are surrounded by an indefinite number of Other sources of information, as indeed is the case with Harold two and Harold three, all levels of consciousness of, as you might say, a very high quality. And indeed, it might be worthwhile to focus on these levels of being of existence. And yet at the very same time, there are many other sources of information that might be just as interesting.

Rita 25:31

Do you think at all in terms of levels of, of sources of information are the levels of entities hierarchies of entities?

HBW 25:48

Well, there are definitely levels and classes of information and entity, but there is no hierarchy as such, you could not say really, that the information of source one is of higher quality as the information of source four whatever the source might be called. But you could say that there will be a distinct difference of information. Now, there could be information that is effective in time and space terms, and therefore very true and understandable by human beings. And therefore, you might say, it's a great source. Now there might be an information of source for which is the from way from the volume of space and time and therefore might make very little

sense. And indeed, might be very hard to be proved. Therefore, you might say, there's not really a lot of sense in that kind of information. It doesn't make sense now a term so let's ignore it. On the other person says no, because it is from beyond space and time is of much higher quality, and we should listen to it, in spite of the fact that it doesn't make sense to see it all depends on how the way you look at it. aspective energies are just as important as non aspective energies, they are different is expression of the creative force, but there is no hierarchy involved as such, you see?

Rita 27:13

Yes, I think I see that some some of the entity paths that you have described, though, those that have been free to move from PowerPoint to PowerPoint, for example, would seem to us to have a broader perspective. So to, to do that. And in that sense, that sounds to us, like higher, and you're saying not so.

HBW 27:42

Not so. Just different. See, It's like somebody goes into a movie theater and enjoys a movie and gets stuck with it. Now, those people who can jump from cross point across point of energy from PowerPoint, or PowerPoint of energy, those are entities have moved from one movie theater into another one. They watched the movie, but they never forget that it is a movie, and they have free of the movie itself to see. Whereas some entities, watch the movie, get stuck with the movie and actually get part of the movie and forget that they have got the freedom to get out of the movie at any given time. You couldn't say that those people do experience reality in somewhat lower or inferior way. Because the latest experience reality in a different way. The perspective of reality is very different. But then again, perspective cannot be judged or valued, you see. It's just different.

Rita 28:41

it as I see. And is one of the differences among entities that some have felt I have ever experienced, physical form, and others have not.

HBW 28:57

Yes, indeed. See, there are many levels of consciousness or information that some would never really melted into these power points of reality, layers of space and time, but that are somewhat floating around and experiencing from outside, they never really took on a complete perspective, and experience of space and time as such, and others did.

Rita 29:27

And this doesn't necessarily make everyone more valuable to us. Just in terms of the information

HBW 29:35

to see, as long as you feel that some sources might be more important than others. You block yourself towards certain energy streams. Only if you stop judging, you're completely open for any energy that might come to you and only then you will become aware of the full picture the full frame of what reality does mean See, if you think about a God consciousness, God consciousness is a conscious mind that is equally aware of all it is possible as an expression of their creative source of energy is the and only if you have got this unlimited awareness of all that is possible, and there's no limit to what is possible. Only then is the odd to enter a state of divine consciousness. Do you see

Rita 30:34

is it's such an appealing idea to us. One difficulty that we have faced in the laboratory from the beginning is the need to see let me get our questions answered from a variety of sources to see the extent to which there is consensus or lack of consensus. Now, this isn't, from from what you've described, today, this doesn't make much sense to me to do this

HBW 31:11

You see, the information might vary to great deal, and yet, and it's aspective sense. All the sources might be quite correct. To see if somebody says when I leave your physical body that will be at the realm of consciousness, he might be right. But not the person says quite wrong, if you leave your physical body and leave space and time behind you enter a realm of crystals. That is true to depending on the direction of energy stream, you get on to see. It's like, you drive a car on road and then five roads branch off depending on the route you take, the reality will appear to be very different, but they are all part of the same overall reality. Now if you branch off on road to road one, and you describe what you see, you give a certain picture of your reality, right? If you branch off into another road, the picture will be quite different. Now most people will branch off another word that they had a choice you see. And this is where the difficulty comes in. Most people who do explore another word that, indeed, there are other roads that they could have taken. But they have ignored those roads and only described the single experience they picked. And think that this is the whole picture, you see when in fact it's just an aspective picture. You follow?

Rita 32:54

in one thing we of course wish to do is to move beyond the aspective that we're not discounting the value of that. But to experience a moving beyond that to a more direct view of the uncreated energies, I guess,

HBW 33:15

well, you shouldn't really is the one you explore the various rows of effectiveness, you will get a very full and clear picture of what is effective dimensions to mean. And you should also, as you

said, Go into the beyond into a realm where there is no such thing as effectiveness, and get a clear picture of what that means. But indeed, only worth experiences will give you the whole picture. Do you follow?

HBW 33:49

I see.

HBW 33:53

And indeed, this is one of the reasons that you came here in the first place, because you did want to get the full picture and therefore you did want to become part of the aspective dimensions. Follow.

Rita 34:07

Yes, and it's that we don't want to get too too locked into the mic, so that you can

HBW 34:14

You cannot become locked into, dear friend.

Rita 34:19

Well, perhaps over identified with particular aspective

HBW 34:24

You see, as hard as you try to identify with certain aspective quantities, there will be a time when you get removed from those qualities. This is the time of change or the time of death. You see death meaning that at a time of change. So there is not a chance that you might get stuck for any long period of time to use your language.

Rita 34:50

I see, so that the aspects, by definition would change it at the ending of a physical form.

HBW 34:57

They do. They do. And to see another aspect of this reality is that indeed you do live simultaneously, in many ways in this dimension of space and time. And why we do talk here to each other, you indeed to live, and many hundreds of other aspective lifetimes. And there is a connection between those lifetimes and this lifetime here. And your psyche, indeed, is not just focusing on this conversation that goes on. In fact, this is the smallest part of your psyche that is focusing that a large part of your psyche is actually focusing on the other lifetimes. And indeed, many of those lifetimes are not aspective. At all. Indeed, you're mastering the secret of aspective energy in those other lifetimes, you do express what you might call in this lifetime mass or herd of being. But as you're not aware of it, you are able to perceive this limited

aspective. And she have this lifetime, which is needed and precious for you as an overall entity, you see.

Rita 36:15

What, what would they not aspective lifetime,

HBW 36:21

What does that mean? A non-aspective lifetime, does mean to you that you are free of attachment to aspective quantities of time and space, it does mean that you can enjoy the aspective qualities, but can freely mix and exchange those qualities in whatever way you choose to see. It does mean that if you get fed up with a stream of time, which just jump in time backwards or forwards, stretch time or reduce time, or even exchange the particle of time in whatever way you think. Physically, this would mean that a master of time and space would be able to apparently go beyond the physical laws of this reality. And indeed materialize and dematerialize bring things into existence that have not been here before in this reality level. But what you actually do is you master the time and you somewhat freely jump from one level of life, a physical life to another level, but it is not experienced as such by the observer. You see. Now, as we said, there are lifetimes of yourself where you are just doing that you see. And you couldn't care less about this aspect of the afterlife, because this is something which is of no concern to you, and those lives, but it very well is in this one.

Rita 37:51

So the lifetimes you're talking about, there were particular individuals who have no concern for the aspects, but were others living in that same time and space may have.. And is there a state in which all the energies present are living non aspective lives?

HBW 38:17

There is indeed and this stage is happening now, you see, but not obvious to your perspective. See, where we are, there is also a level of physical reality, where aspectiveness is not experienced as experienced as such, and yet it is going on at this moment in time. And that does mean you see, if you open up your mind and your psyche, you can get in touch with his existence of non aspectiveness and indeed become a part of it. And that in turn, might help you to become less aspective in this life, if you choose to do so.

Rita 39:00

All right, we have another question from

Friends 39:06

Is there a distinction then between these streams of energy and an entity?

HBW 39:14

Well, see when these streams of energies cluster together and form an entity, this entity is somewhat forming what you might call an identity and it starts to act and express itself as intended to identity and as an entity and therefore, it will be in certain ways limited to its identity and form as an entity. It does mean that when an entity is formed, however big or however large the scale of awareness might be, it might be still limited, as the entity is somewhat different from the energies and separate from the energies around it unless the entity is an entity of such an awareness that it does give up its borderline of entity of its entity being. And some what is always in touch with the surrounding energy and therefore you might not be able to call an entity anymore because it's just a small group of identity within an unlimited source of energy. And therefore, my favorite appear as an entity you see. Now, if the energy flows flow freely without forming an entity, you will find that one energy flow will never be the same, like the energy that talk to you today will cease to exist after this session is over, because other energy streams get mixed into it, and therefore you will have a different energy stream tomorrow or the day after tomorrow. You see, an energy stream does only occur at one time quality and ceases to exist in your terms. An entity whoever has got an identity identity that someone lives on for a long while to follow. Yes, it protects itself against other energy streams to keep this identity. When you speak about a channel of channeling and information, be aware that the information that is channeled indeed, could act as a channel again, you see, an entity could reside in an entity reside in entity could reside in an entity.

Rita 41:38

We thank you very much for this information. And we think it's begin, it's time to begin closing the session.

HBW 41:52

Now, this energy, as we said, only existed today, and might not exist tomorrow anymore, but it might exist in different terms. However, it mixed with other aspects and therefore giving other information.

Rita 42:06

It's been a very, very useful session for us and we're very glad to have these new ideas.

HBW 42:17

You're welcome.

Rita 42:24

So there you have another session from our explorer files. This session presented us with a different perspective on the nature of the source of information that we have received in the many hundreds of hours of communicating with the non physical energy in the laboratory. Like

most of the Explorer material, it provides much to ponder was channeling and other forms of contact and exploration, with the non physical realm becoming increasingly widespread. It does seem important to us at the Institute, that people use such information not as a final word, but rather as a starting point for individual growth and exploration.